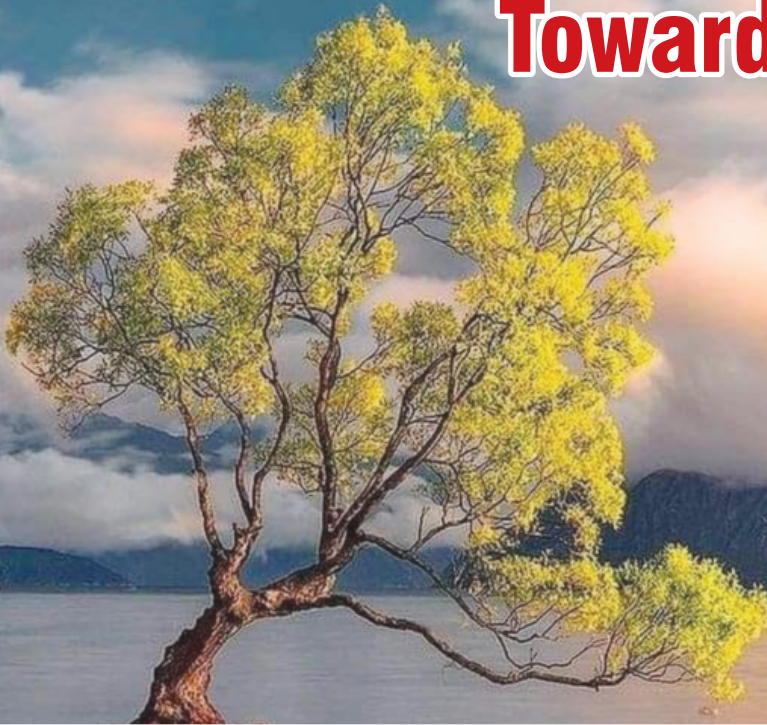


NEWS LETTER

**“ Every Charitable Act
Is A Stepping Stone
Towards Jannah ”**



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- ✓ Ghurki Hospital and Services in Covid-19
- ✓ 1st Batch of CCRA (Certification Course in Regional Anesthesia) 2021
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Foot and Ankle Surgery Week



Foot and Ankle Surgery Week was a spectacular event hosted by Ghurki Trust Teaching Hospital's Orthopaedic and Spine Center under the supervision of Prof. Dr. Amer Aziz. Dr. Mark Myerson the world renowned Foot and Ankle Surgeon from USA visited Ghurki hospital Lahore with his wife and daughter for a week. Prof. Dr. Amer Aziz, Prof. Dr. Naeem, Prof. Dr. Shehzad, Dr. Saad Ilyas, Dr. Abdullah Shah, Prof. Dr. Rizwan, Prof Dr. Ijaz, Prof. Ateeq uz Zaman and Dr. khurram Ijaz Medical Director GTTH were among the participants.



It was a five day conference and different topics were delivered by Dr. Mark. Myerson while highlighting the latest research and development in this field. Checkup and live surgeries were also performed of the patients having the foot and ankle deformities by Dr. Mark Myerson. The core purpose was to teach new techniques to Pakistani doctors.



Prof. Dr. Amer Aziz emphasized the need for the conducting such research oriented activities in future. He also reiterated that they can help us in our collective mission of attaining comprehensive





healthcare services. Dr. Amer Aziz highly appreciated the efforts of Dr. Mark Myerson for his contribution towards the transfer of knowledge and new techniques to Pakistani doctors. During his visit Dr. Mark Myerson thoroughly enjoyed the Pakistani hospitality. He was especially amused by the flag ceremony at Wagah Border Lahore. Dr. Mark Myerson like added the gifts and souvenirs presented on his birthday during his visit. Dr. Mark Myerson inaugurated the newly established cafeteria in a graceful ceremony which was arranged in his honour. A press conference was conducted in Pearl Continental Hotel Lahore. All the leading media covered this press conference in which Dr. Mark Myerson praised the Pakistani hospitality, culture and especially Lahori food. Dr. Mark also added that he was pleasantly surprised by the professionalism of Ghurki Hospital's doctors.



Ghurki Hospital and Services in Covid-19

Alhamdulillah, Ghurki Trust Teaching Hospital (GTTH) was amongst the very first hospital to respond to COVID -19 Pandemic and managed to provide all facilities for COVID-19 patients. These services were offered in the line with all regulations/standards set by national and international governing bodies. Isolation rooms/unit, low flow & high flow beds (HDU) and a well-equipped ICU for seriously ill patients were established with ventilators, cardiac monitors, BiPAP, CPAP facility along with all other required services. All these units were being continuously monitored/operated 24/7 by well trained staff and were supervised by a professional team headed by Associate Professor Dr. Mehrin Farooq under the supervision of Head of Medicine Department Prof. Dr. Waseem Amir and in addition to it, a critical team under supervision of ICU incharge Dr. Sarfraz was providing services to Covid -19 ICU patients in collaboration with the Medicine Unit. Thousands of Patients have been cured on OPD and IPD basis by the blessing of Allah (SWT). A special communication mechanism is in place for proper interaction between attendants and patients and Strict infection



prevention and control protocols including doffing donning, waste management, hand hygiene protocols, linen disinfectant/cleaning etc. are adhered in all units for the safety of the patient, attendants and our staff. All staff, doctors are provided proper personal protective equipment/gears to work with peace of mind/safety to serve these patients. Awareness and guidance regarding COVID-19 precautionary measures and vaccination is being provided through social media, leaflets, lectures, answering local people queries. Further, to help people get medical services at home, Ghurki Trust Teaching Hospital (GTTH) has also initiated telemedicine services to answer patient's queries and to provide guidance regarding any illness who are unable to visit hospitals due to the prevailing situation. Pharmacy services of Ghurki Hospital have worked and succeeded in manufacturing its own hand sanitizer as per World Health Organization (WHO) recommendations at a very subsidized rate, to provide to the people of this country to deal with this potent challenge in the shape of COVID-19. We have always stood with the nation in times of calamities and has a breakthrough record and are again ready to fight against this menace. May Allah Protect us all.

1st Batch of CCRA (Certification Course in Regional Anesthesia) 2021

Alhamdulillah! Anesthesia Department in Orthopaedic and Spine Center of Ghurki Hospital successfully conducted a course for 1st batch of CCRA (Certification Course in Regional Anesthesia) 2021. Basically it's an ultrasound guided nerve blocks course, endorsed by UHS (hybrid course). Most of the learning done initially through zoom and then finally hands on session training and assessment in the end. It needs to be mentioned that Ghurki Hospital is the only approved center from Lahore, because of so much diversity in regional blocks which we are performing on routine basis. This activity was led by mentor Prof. Dr. Leena Ayub (Head of Anesthesia Department), Associate Prof. Dr. Abaid ur Rehman (Supervisor), Assist. Prof. Dr. Noman Tariq (Co- Supervisor), Dr. Kashif Hussain (Senior Registrar), Dr. Adnan Nawaz (Senior Registrar) and Dr. Hail (Senior Registrar).



This course consists of 6 months (2 modules, 3 month each) we have completed 1st module. That will also stay for 3 months, at the end of which, similar hands on session will be arranged and course will be completed. 12 candidates for course came to Ghurki Hospital for hands on training and session. Candidates participated from Karachi, Gujranwala, Gujrat, Faisalabad, Abotabad and Lahore. The purpose of the candidates was to learn the USG regional anesthesia block by the experts here in Ghurki Hospital. They appreciated the superb skills and efforts made by Anesthesia Team in Orthopaedic and Spine Center GTTH. Special Thanks to Dr. Khurram Ijaz (Medical Director) and Mr. Muhammad Naeem (Chief Operating Officer) Ghurki Trust Teaching Hospital.



MOU between Ghurki Hospital and Dolphin Force



On 13th July 2021 a Memorandum of Understanding (MOU) was signed between Ghurki Trust Teaching Hospital and Dolphin Force Lahore in the headquarters of Dolphin Force. This occasion was graced by Mr. Mohsin Bilal, Mian Saeed Daray Walay, Chaudhry Muhammad Shakeel (Member Board of Trustees), Mr. Muhammad Naeem (Chief Operating Officer) Dr. Khurram Ijaz (Medical Director) Mr. Atif Khan (Marketing Consultant) and Mr. Karamat (Manager IT) from Ghurki Hospital and from Dolphin Force Mr. Rashid Hadyat (SP Dolphin Lahore) Mr. Ishaq DSP and Mr. Kashif DSP welcomed the Ghurki Team. DIG Operations, Mr. Sajid Kiyani was the Chief Guest to accord this MOU signing ceremony.

Ghurki Hospital will treat & rehabilitate those Dolphin soldiers who are injured in the line of duty. Mr. Mohsin Bilal and Mian Saeed Daray Walay (MBOT) also addressed the participants and whole heartedly appreciated the efforts and security services of Dolphin Force.

They also ensured that Ghurki Hospital will left no stone unturned while treating the Dolphin Force. Mr. Rashid Hadyat, SP Dolphin Force, Mr. Muhammad Naeem Chief Operating Officer (COO), signed the MOU to provide the best health facilities to the serving Dolphin Force.

Mr. Sajid Kiyani and Mr. Rashid Hadyat after briefing applauded the role of Prof. Dr. Amer Aziz & the team of Ghurki Hospital for performing 11,000 plus major surgeries especially during Pandemic Covid-19 lockdown. They also highlighted the role played by the Dolphin Force in curbing the crimes in Lahore city. Souvenirs were awarded to Mr. Mohsin Bilal, Mian Saeed Daray Walay, Chaudhary Muhammad Shakeel and Mr. Muhammad Naeem received the souvenir on behalf of Prof. Dr. Amer Aziz (Chairman Ghurki Hospital).



A Visit of Mr. Vaclav Jilek from Embassy of Czech Republic

Mr. Vaclav Jilek the Head of Commercial and Economic section of Czech Republic's Embassy in Islamabad visited Ghurki Trust Teaching Hospital. He announced that Govt of Czech Republic will install a Water Purification Plant in Ghurki Hospital. Mr. Vaclav Jilek also presented cheques for the plant and signed an agreement with Ghurki Hospital. Professor Dr. Amer Aziz, Mr. Mohsin Bilal,

Mr. Muhammad Naeem (COO) were also there at the time of signing the agreement. Mr. Iftikhar Dar from Bata assured that Bata Pakistan will bear all cost of civil work for this plant. Mr. Vaclav Jilek told that this plant will be very first from Czech Government and its capacity is to filter 1000 liters of water per hour. Mr. Vaclav Jilek was highly impressed by the facilities offered by the hospital for poor and deserving patients while

comprehensively visiting various departments of the hospital. He showed keen interest in future projects of the hospital and assured that Czech Government will keep donating the hospital and would like to have a long term relationship. Prof. Dr. Amer Aziz, presented a GTTH Souvenir to Mr. Vaclav Jilek.



Story of a 27 years old Ali Raza

Ali Raza was suffering from cancer. His condition was critical for the last 9 months and it was further worsening with each passing day. He came to us with history of Recurrent High Grade spindle cell sarcoma. His surgery was mishandled not only once but twice in some unrecognized hospital and now he came to GTTH with Axillary nodes mets. Before opting for surgery in order to save his life doctors had to consider certain serious challenges including 1) Wide local excision (removal) with skin coverage 2) Functional limb salvage (saving organs) and 3) Axillary clearance. The vision of Prof. Dr. Amer Aziz that functional limb salvage should be done without Recurrence (limb should be save without complication). For this goal multidisciplinary teams of orthoplastics (two different teams of different specialties of ortho) needed. Operating in this way while using two different teams of Orthoplastic surgeons was brain child of Prof. Dr. Amer Aziz and it has been used rarely in Pakistan. Such multidisciplinary orthoplastic teams under cover of Orthopaedic department are very rare in centers all around the country and it is the specialty of only Ghurki Hospital under supervision of Prof. Dr. Amer Aziz. This surgery was performed by Dr. Zameer Abbas Mir and Dr. Zaigham under the supervision and guidance of Prof Dr. Amer Aziz. So the tumor was excised (removed) with 3cm healthy skin Alhamdulillah patient after the surgery is vitally stable and has normal range of motion of elbow and wrist. Further investigations are being carried out for his healthy life.



UPCOMING PROJECTS

GHURKI MEDICAL AND DENTAL COLLEGE



Cyberknife Robotic Radio Surgery System

In Pakistan every year around 300,000 new cases of cancer patients are diagnosed. The health facilities available in Pakistan to treat cancer patients are limited, therefore, Ghurki Trust Teaching Hospital has started the construction of Cyberknife (Robotic Radio Surgery System) the 2nd in Pakistan. Alhamdulillah, now building for this project has been completed and the Cyberknife machine is fully functional on experimental bases. This huge step in the field of health care is about to bring a revolution because Ghurki Hospital will provide international standards treatment to cancer and non-cancer patients. This facility is costing around 4 million US Dollars and it has been dedicated to the poor and deserving cancer patients from all over Pakistan irrespective of religion and ethnicity. There are almost 250 Cyberknife Robotic Radio Surgery Systems in the world and the success ratio of the treatment is over 99 %.



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